## **COCOON Parent Program**

What: Short, tailored education sessions for Butterfly families to empower and guide you in the care of your baby in hospital and at home. Where: The Meeting Room. When: Weekdays 1pm



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	Aug -	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Sep						
-	7 <sup>th</sup> Oct		Walking Group Only	Parent CPR & Choking Training. Limited capacity; Contact COCOON	Head shape and positioning – Nat (Physiotherapy)		
-	14 <sup>th</sup> Oct		Thriving in NICU –	Parent CPR &	Giving		
	14 000		Social work. Walking Group	<b>Choking Training.</b> Limited capacity; Contact COCOON	Medications to Infants – Tash (Pharmacist)		
	21 <sup>st</sup> Oct		Walking Group Only	Parent CPR & Choking Training. Limited capacity; Contact COCOON	Post Natal Care - Midwife		
	28 <sup>th</sup> Oct		Baby Led Feeding	Parent CPR &			
			& Positive Feeding	Choking Training.			
			Experiences. –	Limited capacity;			
			Siew (Speech Pathology).	Contact COCOON			
			Walking Group				
	4 <sup>th</sup> Nov	Using Your Voice in the NICU for Settling & Play – Music Therapy	Public Holiday	Parent CPR & Choking Training. Limited capacity; Contact COCOON			
	11 <sup>th</sup> Nov		Walking Group Only	Parent CPR & Choking Training. Limited capacity; Contact COCOON	Supporting Your Babies Development – Danae (Occupational Therapist)		

Parent walking group Tuesdays 1:30pm



Please contact the COCOON nurse coordinator if you have any questions or feedback. Ph: 03 9345 6318 Email: <u>Butterfly.COCOON@rch.org.au</u>